



### MEDICAL HISTORY FORM

ATHLETE'S SURNAME \_\_\_\_\_  
 ATHLETE'S GIVEN NAME \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 SPORT/EVENT \_\_\_\_\_  
 MANAGER \_\_\_\_\_  
 PROVINCIAL MEDICARE NUMBER \_\_\_\_\_  
 PROVIDED: \_\_\_\_\_  
 MEDICAL INSURANCE No. \_\_\_\_\_  
 FAMILY PHYSICIAN \_\_\_\_\_  
 EMERGENCY CONTACT NAME \_\_\_\_\_  
 CONTACT NUMBER \_\_\_\_\_

MALE  FEMALE   
 DATE OF BIRTH (M/D/Y) \_\_\_\_\_  
 DATE OF LAST TETANUS BOOSTER: \_\_\_\_\_  
 BLOOD GROUP & TYPE: \_\_\_\_\_  
 HEIGHT: \_\_\_\_\_  
 WEIGHT: \_\_\_\_\_  
 PHONE (DAY): \_\_\_\_\_  
 PHONE (DAY): \_\_\_\_\_  
 PHONE (DAY): \_\_\_\_\_

**PREVIOUS PAST HISTORY OR ILLNESS**  
 HAVE YOU EVER HAD OR DO YOU NOW HAVE:

HEAD INJURY	<input type="checkbox"/>	DIABETES	<input type="checkbox"/>
SEIZURES	<input type="checkbox"/>	BLOOD TRANSFUSIONS	<input type="checkbox"/>
NECK/BACK DISORDER	<input type="checkbox"/>	HEPATITIS	<input type="checkbox"/>
FADING SPELLS	<input type="checkbox"/>	THYROID DISORDER	<input type="checkbox"/>
PSYCHIATRIC DISORDER	<input type="checkbox"/>	ALLERGIES (SPECIFY)	<input type="checkbox"/>
EYE PROBLEMS	<input type="checkbox"/>	FRACTURES (SPECIFY)	<input type="checkbox"/>
GLASSES/CONTACTS	<input type="checkbox"/>	OPERATIONS (SPECIFY)	<input type="checkbox"/>
NOSE BLEEDS	<input type="checkbox"/>		
DENTAL PROBLEMS	<input type="checkbox"/>		
DEAFNESS/HEAR PROBLEMS	<input type="checkbox"/>		
ASTHMA	<input type="checkbox"/>		
BRONCHITIS	<input type="checkbox"/>		
CHEST PAINS	<input type="checkbox"/>		
HEART PROBLEMS	<input type="checkbox"/>		
ULCERS	<input type="checkbox"/>		
BOWEL PROBLEMS	<input type="checkbox"/>		
URINARY INFECTIONS	<input type="checkbox"/>		
KIDNEY PROBLEMS	<input type="checkbox"/>		
MENSTRUAL PROBLEMS	<input type="checkbox"/>		
EATING DISORDERS	<input type="checkbox"/>		

RECENT WITHIN ONE YEAR:

INFECTIOUS DISEASE	<input type="checkbox"/>
HEAD INJURY	<input type="checkbox"/>
MAJOR SURGERY	<input type="checkbox"/>
TRAUMATIC OR OVERUSE INJURY	<input type="checkbox"/>

LIST ANY OTHER HEALTH PROBLEMS/RELEVANT INFORMATION OR EXPLAIN ANY OF THE CONDITIONS MARKED "YES": \_\_\_\_\_

### Initial Pain Assessment Tool

Date \_\_\_\_\_  
 Patient's Name \_\_\_\_\_ Age \_\_\_\_\_ Room \_\_\_\_\_  
 Diagnosis \_\_\_\_\_ Physician \_\_\_\_\_ Nurse \_\_\_\_\_

1. LOCATION: Patient or nurse mark drawing.

2. INTENSITY: Patient rates the pain. Scale used \_\_\_\_\_  
 Present pain: \_\_\_\_\_ Worst pain gets: \_\_\_\_\_ Best pain gets: \_\_\_\_\_ Comfort-function goal: \_\_\_\_\_

3. IS THIS PAIN CONSTANT? YES: \_\_\_\_\_ NO: \_\_\_\_\_  
 IF NOT, HOW OFTEN DOES IT OCCUR? \_\_\_\_\_

4. QUALITY (e.g., ache, deep, sharp, hot, cold, like sensitive skin, sharp, itchy) \_\_\_\_\_

5. ONSET, DURATION, VARIATIONS, RHYTHMS: \_\_\_\_\_

6. MANNER OF EXPRESSING PAIN: \_\_\_\_\_

7. WHAT RELIEVES THE PAIN? \_\_\_\_\_